



Idaho Association
of Developmental
Disabilities
Agencies
(IADDA)



2011
Legislative
Handbook



In 1988, a group of private developmental disabilities agencies and corporations formed the Idaho Association of Developmental Disabilities.

The association's mission is to provide unity and common action for better legislation, better labor relations and expanded community development for and on behalf of persons with developmental disabilities.

Today, private developmental disabilities agencies collectively serve over 5,700 Idaho children and adults with disabilities and employ over 2,500 direct support professionals and para-professionals.

Idaho Association of Developmental Disabilities Agencies

As a legislator, you have the tremendous responsibility of representing the interests of all those in your community. We know how difficult this task is, yet your constituents entrust you to make decisions on their behalf, making a positive difference in their lives and in their community.

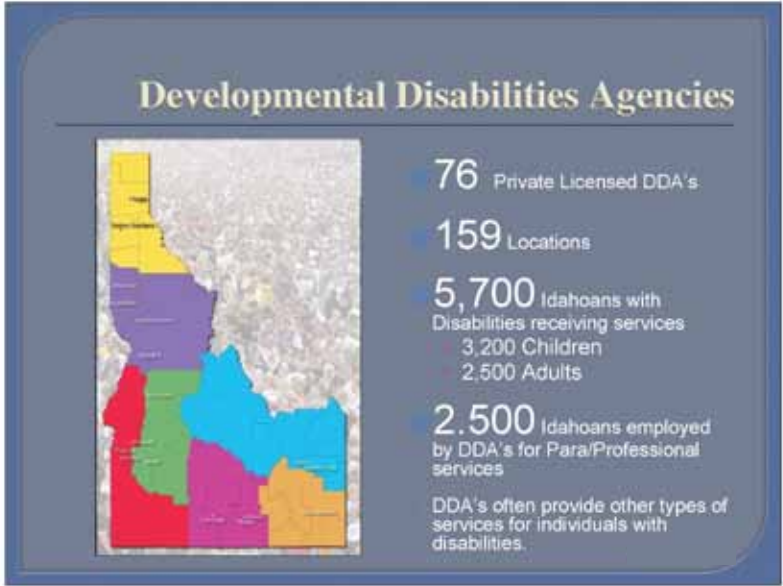
The Idaho Association of Developmental Disabilities Agencies has also been entrusted by our members and the people whom we serve to make a positive difference in the lives of individuals with disabilities. Since the 1980's, our agencies have continued to build a strong system of supports and services for children and adults with disabilities – in both urban and rural areas in Idaho. The private sector has been able to “evolve” with changes in managed care, self-determination and community inclusion. Throughout these changes, we have continued to provide top quality services to those in need.

Our Association is committed to continuing our efforts of being a resource not only to families but also to legislators. You have many difficult decisions to make this session, especially how to fund and maintain the important services that assist individuals with disabilities to have quality, safe and productive lives in their own homes and communities. Our Association values and appreciates this opportunity to be a resource to you in this decision-making process. We hope this handbook provides helpful information and resources to assist you in your public service.

Please contact me if you have any questions or need additional information. Thank you for your continued support.

A handwritten signature in blue ink, appearing to read 'Katherine Hansen'.

Katherine Hansen, President
Idaho Association of Developmental Disabilities Agencies



DEVELOPMENTAL DISABILITIES (DD) AGENCIES

Agency Locations:
Number of Agencies in Idaho: 76

Locations throughout Idaho: 159

Source: Idaho Dept of H&W

Developmental Disabilities (DD) services are provided by statewide private agencies serving children and adults throughout Idaho.

DD services are licensed through the Department of Health & Welfare. Many have been operating since the legislature privatized services in 1984.

The Idaho Department of Health & Welfare may contract with DD agencies for other services, such as Service Coordination, Supported Living, Supported Employment, Transportation, and Residential Habilitation.



Employees:

Total estimated number of Idahoans providing DD Services: **2,500**

Dev. Therapy Para-professionals:	1,925
Developmental Specialists:	280
IBI Professionals & Paraprofessionals:	295

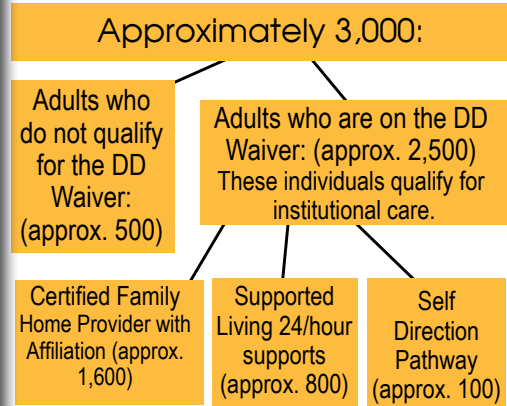
** Information provided by the Idaho Association of Developmental Disabilities Agencies*

How Many Adults with a Developmental Disability Receive Medicaid Home and Community Supports?

How do adults with disabilities access support?

* A small percentage of adults with developmental disabilities are on the A&D waiver and may receive up to 22 hours of community/center based developmental therapy and/or Adult Day Care.

How Many Adults with a Developmental Disability Receive Medicaid Home and Community Supports?



How do adults with disabilities access support?

All individuals are assessed by the ICDE that determines level of care and sets their individual budget.

	ADULTS NOT ON THE DD WAIVER (Approx. 500)	ADULTS ON DD WAIVER (Approx. 2,500)		
		CERT.FAMILY HOME PROVIDER	SUPPORTED LIVING 24/Hr Support	SELF DIRECTION PATHWAY
Where do they live?	With a family, relative or on their own	With a Certified Family Home Provider (CFH) with program oversight by a Residential Habilitation Affiliate agency. Daily rates: CFH: \$53.39 Res. Hab. Affiliate: \$7.96	In their own apartment or home with 1-3 people receiving 24 hour supported living. Intensive Daily Support: \$268.36/day High Support: \$225.32/day Hourly supported living (up to 24 hours): \$12.96/hour	SELF DIRECTION PATHWAY
What supports help them learn skills in the home?	Developmental Therapy: (up to 22 hour cap) Home - - individual (\$20.04/hr)	CFH Rate covers all home needs (overnight, mornings, evenings and weekends).	Supported Living daily rate covers home training.	
What supports help them learn skills in the community?	Developmental Therapy: (up to 22 hour cap) Community: - individual (\$20.04/hr) - small group (\$8.56/hr) Center - - individual (\$18.12/hr) - group (\$7.20/hr) (Does not qualify for any waiver service, i.e. Adult Day Care or Supported Living)	Developmental Therapy: (up to 22 hour cap - no home based dev. therapy allowed) Community: - individual (\$20.04/hr) - small group (\$8.56/hr) Center - - individual (\$18.12/hr) - group (\$7.20/hr) Adult Day Care - Center group only, segregated day program (\$6.00/hr) (combination of Adult Day Care & Dev. Therapy not to exceed 30/hours week)	Supported Living daily rate covers all community training. Developmental Therapy not provided* * A minimal percent of individuals access hourly supported living and receive a few hours of Dev. Therapy and/or Adult Day Care.	

What is Developmental Therapy?

Developmental Therapy = Developmental Skills Training

Skills training must address the following areas:

- Self care skills
- Repetitive & Expressive Language
- Mobility
- Learning
- Self Direction
- Capacity for Independent Living
- Economic Self Sufficiency



Johnny is a 4 year old boy who receives developmental skills training for self care. This training may enable him to enter a regular education setting with minimal supports.

Other skills training for this age include:

- Basic Communication
- Self Direction (social skills, behavior, play skills)
- Some self care (bathroom, self regulation, etc.)
- Mobility (depending on individual)



Brad is a teen working on his capacity for independent living by working on making good choices.

Other skills training for this age include:

- Self Care (showering, dressing, quality of personal hygiene)
- Self Direction (self regulation, social skills and appropriate behavior in different social situations)
- Economic (money and purchasing skills)
- Communication (expanding level of conversation; making full requests and sentences)



Jason is a 24 year old adult working on communication skills training for independent living.

Other skills training for this age include:

- Working on banking and learning how to use his/her checking account
- Accessing public transportation to get to and from work or home
- Community safety: stranger awareness and self advocacy
- Community Integration - teaching social skills and planning skills

IDAHO ADMINISTRATIVE CODE
 IDAPA 16.04.11 Department of Health and Welfare Developmental Disabilities Agencies
 711.DEVELOPMENTAL THERAPY.
 ... Developmental therapy, in both individual and group formats, must be available in both community-based and home-based settings, and be based on participant needs, interests, or choices

When group developmental therapy is center-based, there must be a minimum of one (1) qualified staff, who may be a paraprofessional or a Developmental Specialist, providing direct services for every twelve (12) participants. Additional staff must be added, as necessary, to meet the needs of each individual served.



“We all, as human beings, crave to progress in life. We need it. People with disabilities desperately need it. Those of us without disabilities are able to progress forward on our own. But those with disabilities need help in their progression. They need to be consistent in their therapy.”

-Gloria Lusk writing about her Uncle Glenn, who began developmental therapy in 1995 at the age of 55. With therapy, he started talking - something he hadn't done since leaving school at the age of 21.



Uncle Glenn on his 70th birthday, with niece's daughter Kayla

“The Idaho Legislature did a good thing many years ago to get people with disabilities out of institutional settings and into community based services. They have been able to not only be “in” the community, but also be “of” the community.”

-Parent, Hayden Lake

“When Kara gets home from her developmental therapy, she's excited and talkative, laughing and being goofy enough to make me laugh no matter how badly my day has gone. Developmental therapy programs are encouraging progress, rewarding results and challenging my sister to improve. This has helped her so much in becoming more proficient and independent in her life.”

**- Kendal Young, Parent
Moscow**

What is Intensive Behavioral Intervention?

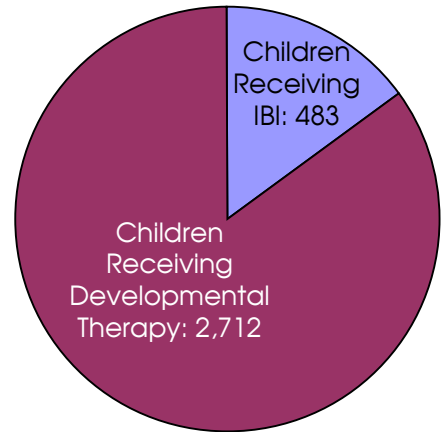


Eligibility for IBI

- Have a Developmental Disability
- Severe maladaptive behaviors as measured by the SIB-R (-22 or lower)
- Severe limitation (perform at 50% or less of chronological age in verbal & nonverbal communication OR social interaction OR leisure & play skills)

3-yr cap in services
22hr/wk cap

Number of children accessing Developmental Services in 2010: 3,195



Caleb before IBI Therapy



Caleb today with his therapist, Aarow

“Our son Caleb was diagnosed with Autism in 2008. Because he was able to receive IBI therapy, he has made dramatic improvements such as reducing his tantrums and replacing them with appropriate language, increasing his self-help skills (fully potty trained, dressing, etc.), taking in everyday things that used to immobilize him. Therapy has increased his quality of life because he has learned how to “BE” in this world!”

-Shawn and Christi Burns, Sandpoint

A person qualified to provide or direct the provision of Intensive Behavioral Intervention (IBI) must meet the following requirements before taking certification class and exam:

- a. Degree. A qualified IBI professional must hold at least a bachelor’s degree in a health, human services, educational, behavioral science or counseling field from a nationally accredited university or college.
- b. Experience. One (1) year’s supervised experience working with children with developmental disabilities. The year’s experience must be gained through paid employment or university practicum experience or internship and be documented to include one thousand (1,000) hours of direct contact or care of children with developmental disabilities in a behavioral context.
- c. Training and Certification. Twelve (12) hours of yearly training, six (6) hours of which must cover behavior methodology or interventions shown to be effective.

What are the long term benefits of DDA services for a child?



Greysen is a 4 yr old boy who has difficulty engaging with peers, taking turns and sharing

With his tech, Greysen has been working on self direction skills (communication with peers, taking turns, sharing)

Greysen has been able to participate in simple games with his peers with minimal tantrums. This has allowed him to gain friends in school and participate in more activities.

“My therapist helps me learn things like using a phone so I can call my mom and tell her when I come home from school, how to spread the peanut butter on bread so I can make my own snack, how to use the computer keyboard so I can write messages or emails because I can’t write very well. My therapist is helping me to communicate better so I make friends and participate more in activities, like my weekly church youth group. I’m very glad that I am able to get services like developmental therapy.”

- Tori, Age 13

Tori was able to transition nicely into Developmental Therapy which she continues today. “Developmental Therapy has been very important in helping Tori continue to do the best that she can. Having goals set specifically for her to work on is instrumental in her growth. It can be anything from writing a sentence to giving the exact change for a purchase, they are things that will help her grow to be as independent as possible. During the summer time Developmental Therapy is extremely important to us. Not only are they working on goals, and doing fun activities, it gives Tori the opportunity to work on social skills as well. Being a child with special needs leaves us with very few play dates. Tori has come to make several friends in therapy who are special just like her. Today Tori shows no aggression, and if she has a tantrum they are few and far between. Life is a daily struggle but is nothing like it was.”

-Tori’s parent



Tori with family at Disneyland

What are the long term benefits of DDA services for an adult?


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April is a 33 yr old woman, who lived with her father .

With Developmental skills training April has worked on Economic Self-Sufficiency (shopping, budgeting), self care, capacity for independent living (public transportation)

April now lives in her own apartment and continues to use only a few hours a week of services to maintain her skills.



Developmental therapy helps individuals prepare for advancement toward independence. Without therapy, skills deteriorate and many are faced with expensive long-term institutionalization.

Examples of Developmental Therapy in adults:

- Working on banking and learning how to use a checking account
- Accessing public transportation to get to and from work or home
- Community safety: stranger awareness and self-advocacy (not letting themselves be taken advantage of in the community and in their living environment)
- Community Integration - teaching social skills and planing skills.

The end result is living independently or with minimal assistance through supports.

SCENARIO 1

“Carly” is a young adult with cerebral palsy. She has worked on her independent living skills: home and community safety; social skills; and basic independent living skills. She now is independent enough in these skills to leave her family’s home and live in an apartment with minimal supports. Developmental therapy is no longer needed with the supports she has now.



SCENARIO 2

“Cindy” has Down Syndrome. By accessing developmental therapy and employment services, she was able to gain the skills to live on her own and work. Because of her developmental skills training, she is currently living and working in NY, riding busses, taking taxis and subways to get to and from work. Her supports are minimal.

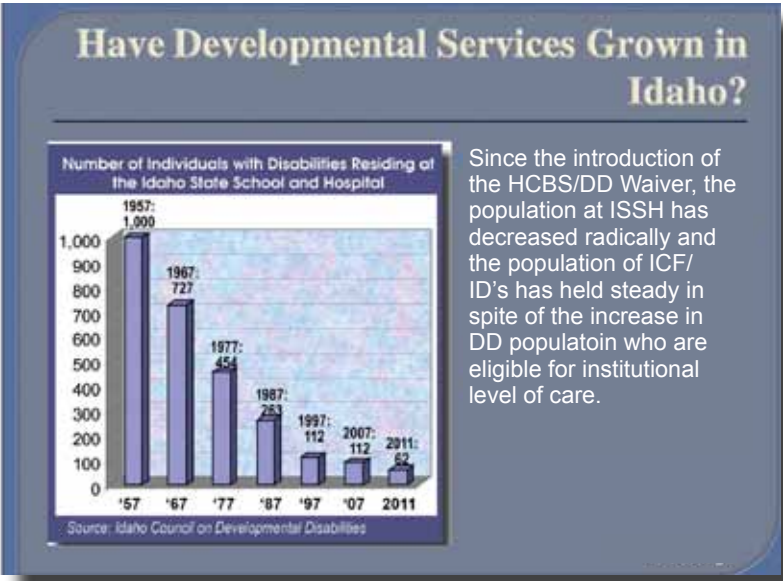




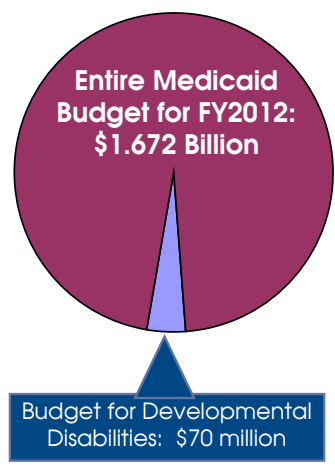
Services provided by private Developmental Disabilities Agencies promote independence, participation and inclusion of people with developmental disabilities in their neighborhoods and communities.

**History of Services for People with Developmental Disabilities
(Institutional Care, Adult/Child Developmental Centers, Segregated Services)**

- 1987 -State of Idaho began privatizing Developmental Centers (in the twenty three year history of DDC’s, H&W has always been the survey and licensing entity)
- 1993 - H & W began implementing “Community Supports”, a program to “increase opportunities for individual community based developmental services and decrease center based activities”
- 1995 - H&W implemented the Home and Community Based Services Waiver for people with a Developmental Disability (HCBS-DD). This Waiver provided an opportunity for people living in group homes (ICF/MR’s) and the Idaho State Hospital (ISSH) to move into the community with supports.
- Although Developmental Therapy is not a waiver service, many adults on the waiver have used part of their budget to access the supports available through developmental therapy.
- 1999 - The Idaho Legislature approved funding for Developmental Therapy that established rates for home and community based developmental therapy.
- Intensive Behavioral Intervention was implemented in 2000 as a result of the increase in children with autism and significant behaviors accessing psychosocial rehabilitation services. A cap in the allowable years of service was set at 3 years.



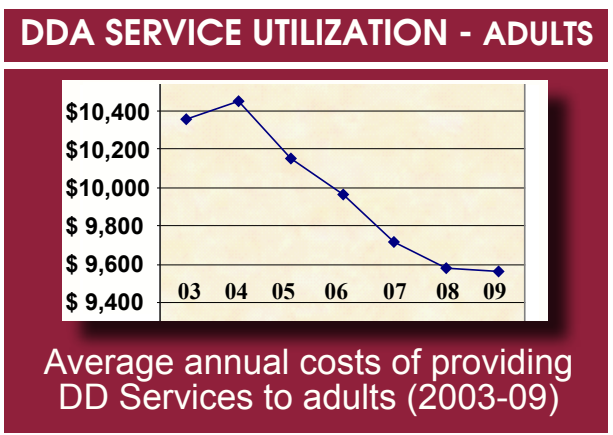
Since the introduction of the HCBS/DD Waiver, the population at ISSH has decreased radically and the population of ICF/ID's has held steady in spite of the increase in DD populatoin who are eligible for institutional level of care.



Idaho sees an increase in growth and need:

- Moving people from institutions and group homes into the community
- 37% increase in Idaho population in the last 20 years
- Increase in numbers of children diagnosed with autism. 1 in 110, 10-17% annual growth
- Increase in evidence based practice for early intervention
- Support for people learning skills in the natural environments
- Referrals for services have increased from physicians, schools and courts
- Since the introduction of the DD Waiver, the population at ISSH has decreased radically & the population of ICF/ID's has held steady in spite of the increase in DD population who are eligible for institutional level of care.

Although the numbers of individuals receiving developmental therapy services have increased, the costs per person have not increased. In fact, the costs per person for adults hae decreased!



History of Managed Care/ Cost Containment

- Physician Ordered Services**
 - 1987-2010: all DDA services must be ordered by physician
 - 2005: Healthy Connections required for all DDA services
- Cap in hours for Adults & Children**
 - 1987-2008: 30 hour/wk cap in services
 - 2009: Cap decreased to 22hr/wk
- Prior Authorization**
 - 1995: All adults
 - Individualized budgets set for all adults on the waiver and those not on the waiver
 - Independent Assessment Provider contracted by H&W
 - 2000: Prior authorization of all Intensive Behavioral Intervention
 - 2011: Prior Authorization of all children's services

Physician Ordered Services

- 1987-current: All Adult and Child Developmental Services must be ordered by physician
- 2005 - All Adult and Child Developmental Services must have Healthy Connections prior authorization from the individual's primary care physician.

Cap in hours for Adults and Children

- 1987-2008: 30 hours cap in services (equivalent to 6 hours/day program at 5 days/wk).
- 2009 - 22 hour cap in services for Adults and Children.
 - Adults: H&W allows adults to access an additional 8 hours of Adult Day Care, if needed and budget allows (those under the state plan do not qualify).
 - Children - H&W allows children to apply for additional services through the EPSDT extenuating circumstances .

Prior Authorization of All Adult Services

- 1995: Individualized budgets set for adults on the waiver and those not on the waiver.

2000: Prior Authorization of All Intensive Behavioral Intervention (IBI)

Prior Authorization of All Children's Services

- IADDA supports implementing an independent assessment process for determining appropriate budgets for children based on needs.



How Developmental Disabilities Agencies have Saved Idaho Money?

Community based services save the state money by supporting an individual in the most natural setting vs. living in a group home or state institution

Private agencies have been providing these services since 1983. During the past 20 years the state has only increased these rates three times totaling 7.4%

Last increase of 1.9% was in 2006

Rate Methodology
 In 2005, Legislature passed a bill requiring the state to implement a rate methodology for home and community based services.
 In 2007 the JVGA methodology was used to complete a fiscal study of current services. DDA service rates fell at 82% of the target rates.
 In 2009 and 2010, IADDA submitted over 24 recommendations for cost reductions and efficiencies

2009:
 Decreasing the cap in services from 30hrs/wk to 22hrs/wk

2010:
 Eliminating Collateral Contact
 Eliminating Supportive Counseling
 Decreasing Evaluation hours by 67%

MOLINA!



Developmental Therapy assists individuals with developmental disabilities to become more independent. This greater independence translates into less dependence on federal and state assistance. Developmental Therapy has a proven track record of continually saving Idaho taxpayers millions of dollars in costly institutional care.

Outsourcing therapy to private DD agencies is much less costly to Idaho taxpayers than having the state provide the same services (please see graph).

DD Agencies have saved the State of Idaho money through many of the cost savings initiatives implemented:

2011:

- Eliminating Collateral Contact
- Eliminating Supportive Counseling
- Decreasing Evaluation Hours by 67%

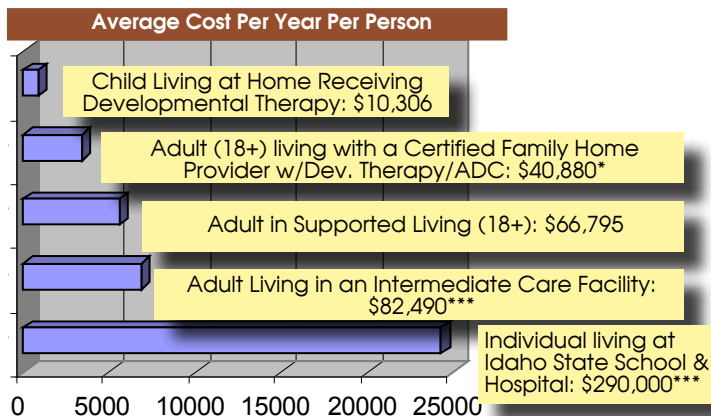
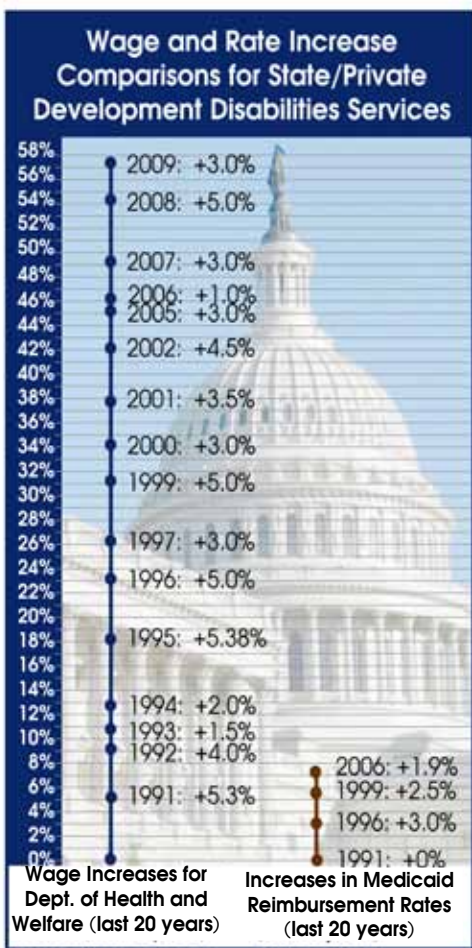
2009:

Decreased the cap in services from 30 hours/week to 22 hours/week.

More examples of recent cost savings initiatives include:

- Currently paid at 82% of the JVGA Rate Methodology
- No rate increases since 2006

* A 2005, JVGA Rate Methodology Study indicated that community based Developmental Disabilities Service providers were paid at 82% of the target rates. The rates for the new Children's Redesign will remain the same 82% of the target rate.



* Daily costs: Provider-\$54; Res. Hab. Agency-\$8; DD Agency-\$50

**Agency pay - averages \$183/day

***Includes active treatment, room and board, all assessments and professional services.

Directory of IADDA Members by Region

REGION 1

Alliance Family Services
1200 W Ironwood, Ste. 201 •
Coeur d'Alene, ID 83815

Katie Jennings, (208) 664-9729,
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North Star Child Development Center
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A New Leaf
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Advanced Services
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Human Service Alliance
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Directory of IADDA Members by Region

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Center for Independent Living
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Idaho Association of
Developmental Disabilities
Agencies

Our mission is to promote
professionalism, integrity and
assurance that each individual with
developmental disabilities receives
the highest quality of services and
support.

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